



# INFORMATION FOR REFERRERS

COMMUNITY ENHANCING RECOVERY TEAM



Sheffield Health  
and Social Care  
NHS Foundation Trust



The Community Enhancing Recovery Team is a multi-disciplinary team that was established with the aim of providing intensive, bespoke psychologically informed packages of care to support individuals living with complex, enduring mental health problems to live fulfilling lives in the community, as an alternative to long term rehabilitation or hospital care.

CERT provides a seven day a week service of frequent, intensive support between the hours of 8am-8pm. By working in partnership with South Yorkshire Housing Association (SYHA) for housing and tenancy support, we can provide people with a safe and stable home and aim to meet all people's health and social care needs.

CERT staff focus on establishing effective, compassionate relationships with service users. We aim to work alongside people, using a collaborative approach to care planning to develop independent living skills and emotional coping skills with a view to increasing an individual's confidence and independence, and to support people to feel included in their community. We work together with other agencies, for example with primary care services, probation services, and police to prevent or provide an alternative to inpatient admission.

We feel it is essential that we can start to work and establish relationships with people while they are still in an inpatient setting, which allows us to support services with discharge planning and transitions into the community.

CERT is a time limited service. We work closely with community teams to ensure a smooth transition of care after discharge from CERT.





## Who we work with

People requiring an alternative to inpatient rehabilitation, who may include...

- People who have had frequent or long-term inpatient admissions or to prevent frequent or long-term admissions
- People who are approaching discharge from inpatient rehabilitation
- People with complex and enduring mental health difficulties
- People whose behaviour can be challenging to mental health services
- People whose risk can be complex to manage
- People who are subject to the Mental Health Act as an alternative to inpatient admission (ie. Community Treatment Orders/Section 41)
- People who are socially isolated
- People who display some willingness to accept responsibility for their care and recovery
- People who are able to consent to work with CERT and opt in to the service

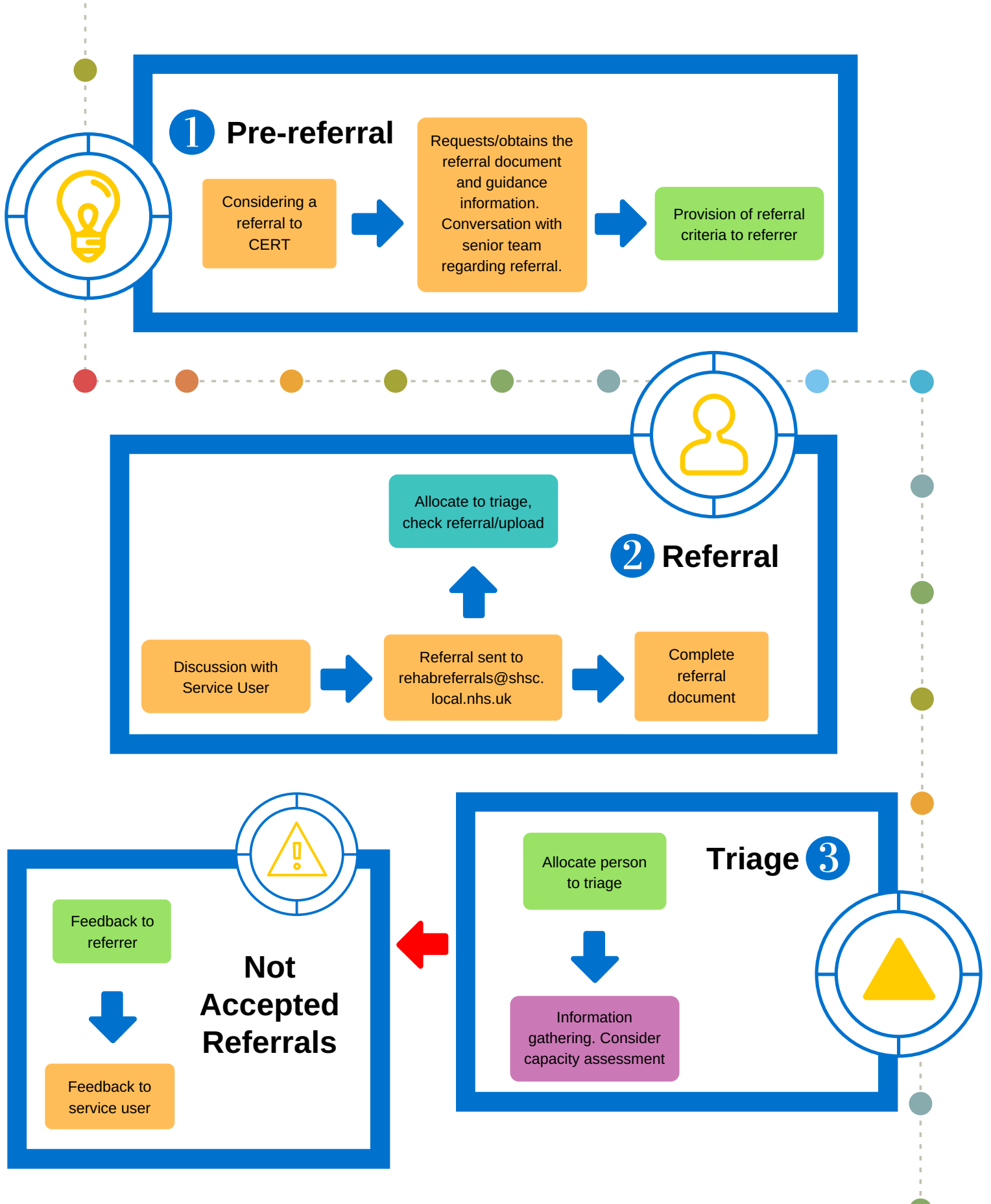
## Who we don't work with

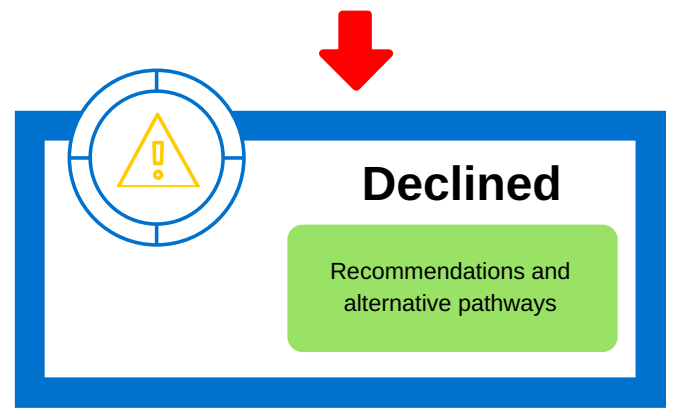
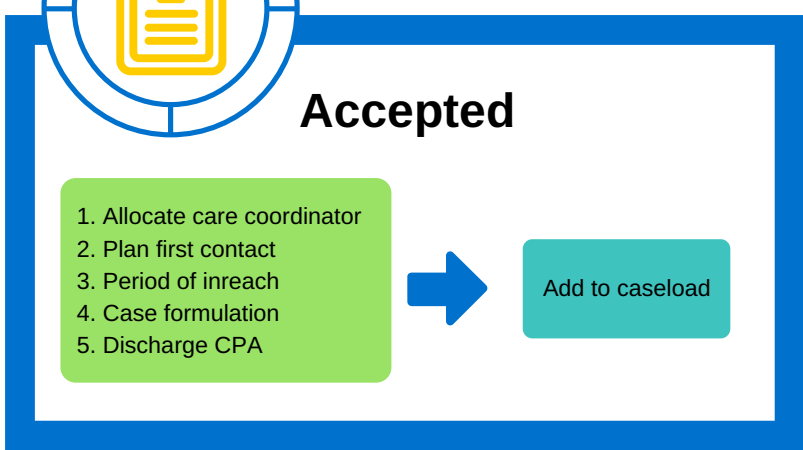
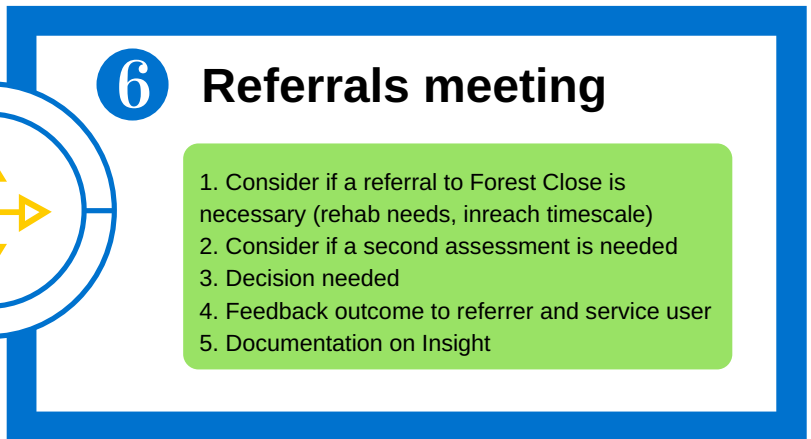
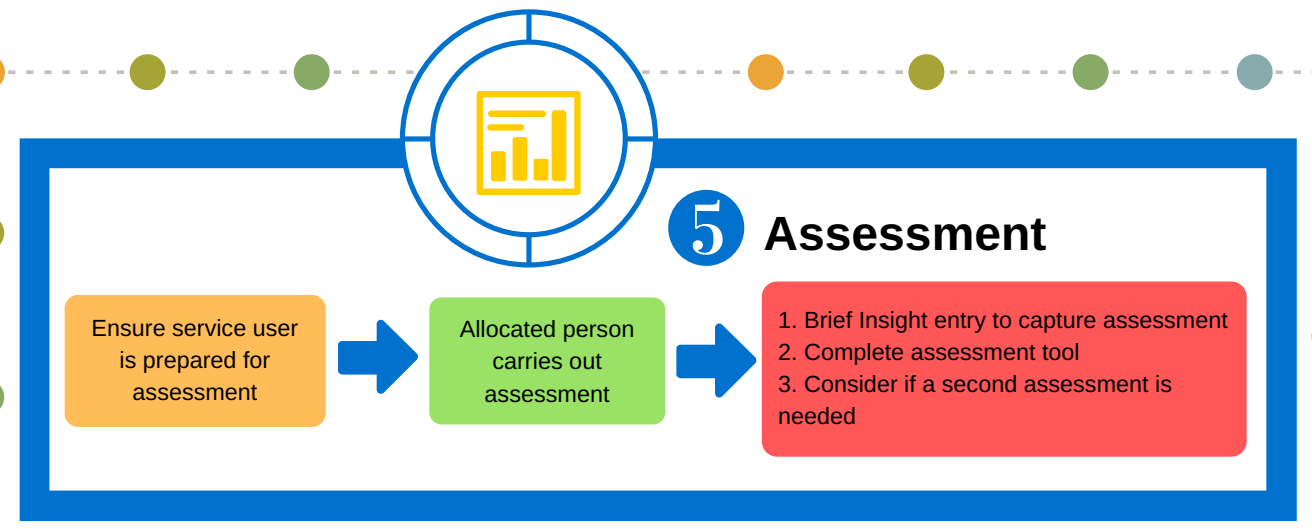
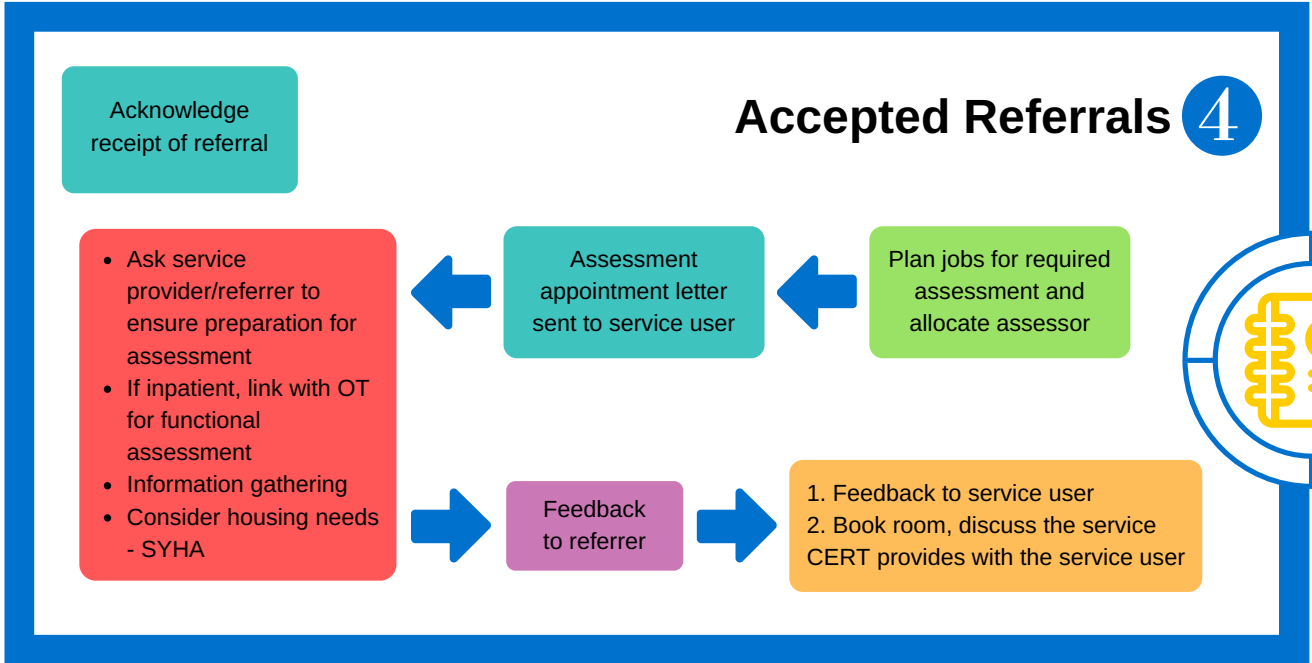
- People who are living relatively independently in the community and do not require rehabilitation
- People who are predominately in need of tenancy support but do not require additional mental health rehabilitation
- People who live in/or plan to live in supported or residential accommodation
- When the severity and imminence of a person's risk is high and the person is unwilling to collaborate in their safety management plan
- Where we are unable to provide a period of in-reach to establish therapeutic relationships
- People whose needs can be met by Recovery teams, Personality Disorder Pathway/SDS

# CERT Referrals

## Process Map

Key	
Referrer	Orange
CERT	Green
Triage	Purple
Assessor	Red
Admin	Teal





# Referrals Standards



**Within 2 days:** receipt of referral acknowledged

**Within 7 days:** referral discussed in joint referral meeting and at local level

**Within 21 days:** assessment to commence

**Within 28 days:** outcome of referral communicated to referrer

## **Potential outcomes:**

- Accepted
- Extended assessment
- Declined with feedback