

**Report**



# Annual Report

**2018 to 2019**

# Annual report 2018-19



We are Sheffield Health and Social Care NHS Foundation Trust.



We help people who have a learning disability.

We help people who have mental health problems.

We have lots of other health services that help people.



We always try to help people in the way they want to be helped. We think it is important that people have a say about the help they get.

We want to help more people and to make our services better.

# This report



This is our annual report.

Our annual report says what we did in 2018 and 2019.

# Our services



The Care Quality Commission is called the CQC for short.



The CQC checks our services and makes sure we follow the rules set by the Government.



The CQC came to see some of our services.

They visited eight of our services. One of the services they visited was our wards for people with learning disabilities or autism.



The CQC said that our wards for people with learning disability or autism were good. We are proud of this.

The CQC did not visit our community service for people with learning disability or autism this year. Last time they visited this service they said it was good.



The CQC said that we need to get better at doing some things at some services. The CQC said that we need to get better at looking after people's safety. We are working on this.

# Our staff



**Sheffield Health  
and Social Care**  
NHS Foundation Trust

We provide lots of support to help our staff do their jobs.



We give our staff lots of training so they can support people better.

**Questions**



1. What do you think about it?

Good

Bad

Not sure



Our staff tell us how they think we are doing.

They also tell us what we can do to make things better.

Our staff told us we need to get better at talking to them. We are working on this.



Lots of our staff had a flu jab.

This helps us to keep people safe and well.



Our staff and services won lots of national awards.

We gave our own awards to some of our staff and services. We also gave awards to staff who have worked in the NHS for more than 30 years.



We have a lot of people who volunteer for us. They help us give better care. We held a party to say thank you to our volunteers.

# Our work



We know we don't always get things right.

We listen to people and make sure we hear what they say.



We want to make our services better.

We have been talking to our patients and their families about making changes to our learning disability services.



We want to support people with a learning disability to be healthy and happy.



We think our learning disability services are too focused on hospital care.

We want to spend more of our money in the community, where it will help more people.



Where possible, we want people with a learning disability to be able to access the same health services that everyone else can access. We are working on this.



We will talk more to our patients and their families before we make any changes to our learning disability services.

The work that we are doing supports the national plan, building the right support for people with a learning disability





We are building the right support for people with a learning disability by training our staff in Positive Behaviour Support (PBS).



PBS is about improving the quality of life of people with a learning disability. It does this by putting the person and their needs at the centre of planning.



We have been training doctors to do annual health checks for people with a learning disability.

Annual health checks help people with a learning disability stay well by talking about their health and finding any problems early, so they get the right care.

We support

**STOMP**

Stopping over-medication of people  
with a learning disability, autism or both

We are proud to be signed up to STOMP (stopping over-medication of people with a learning disability, autism or both).

We know that people with a learning disability, autism or both are often given psychotropic medicines.



While these medicines are right for some people and help them to stay safe and well, they are not always the right answer.



We know there are other ways of helping people so they need less medicine or none at all.

We are working to reduce the use of psychotropic medicines for people with a learning disability, autism or both in Sheffield.



It is not safe to change the dose of these medicines or stop taking them without help from a doctor.

If you or someone you love or care for is taking psychotropic medicines and you have concerns, please ask your doctor for a medication review.



We want to support people with a learning disability in reducing the use of psychotropic medicines. We want to offer more Positive Behaviour Support and care which supports each person's own needs.



We want to support people with a learning disability, autism or both to be healthier and happier.



We are part of the Learning Disabilities Death Review (LeDeR) Programme. This is about making care better for people with a learning disability.

When someone with a learning disability dies in Sheffield, we tell the LeDeR Programme.



Someone independent does an initial review. They speak to someone who knew the person well and checks their records.

If there are concerns about how the person was cared for or if they think that something could be learned, we have a multi-agency meeting.



The LeDeR Programme helps us to make changes to services so that we can make them better for people with a learning disability.

# Our buildings



We have moved some of our services to different buildings.

We care for people in lots of different buildings.

We want to care for more people at home.



We have made some of our old buildings better.

We want to build a new mental health hospital. We have made a plan to do this.

# Our money



We are given money to help people.



We saved some money.

We will need to save some more money next year.

Saving money will help us to give better care.



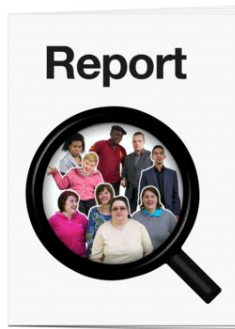
We help lots of people each year.

We have lots of different services.

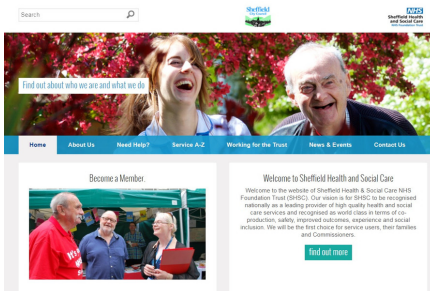
We see people in lots of different places.



This information is written in easy read.



You can read more in our full annual report. It has lots more information in it.



The full annual report is on our website.

It is not written in easy read.



If you have a question or want to read the full annual report our staff can help you.

# How to talk to us



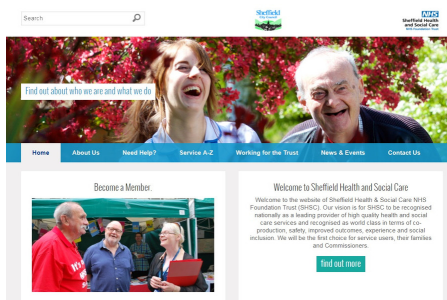
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